

GUIDELINES ON FORMULATED COMPLEMENTARY FOODS FOR OLDER INFANTS AND YOUNG CHILDREN CXG 08-1991

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Overview

CXG 08-1991 is a Codex guideline that provides guidance on nutritional and technical aspects of the production of formulated foods for older infants and young children. Complementary foods for such target populations include (but are not limited to) porridges containing cereals, ready-to-use products and food-based home fortificants. Micronutrient supplements, processed cereal based foods, and canned baby foods are not covered by these Guidelines.

The document provides definitions, suitable ingredients that can be used for formulation, processing techniques, hygienic requirements, provisions for packaging and guidance on labeling and instructions. The document also outlines the nutritional composition and quality factors that should be met for this type of product. Reference daily requirements of nutrients (table at the end of guidelines) provided of which at least $\frac{2}{3}$ shall be provided by the formulated complementary food.

Overall, following CXG 08-1991 ensures that the production of Formulated Complementary Foods meets standards and is safe and appropriate for older infants and young children.

Link to Document

[Guidelines on Formulated Complementary Foods for Older Infants and Young Children](#)